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PARTICIPANT HANDBOOH AUGUST 1-2, 2025

TABLE OF CONTENTS

Top Five FAQs	3
2025 Highlights	4
Venue Map	5
Participant Packet Info	7
Event Day Info	8
Fundraising Incentives	11
5K/10K Info / Route Maps	12
Cycling Course Info / Route Maps	15
Rest Stop Info	22
Spin Info	25
Food Menus	26
Volunteer Program	27
Sponsors	28

TOP FIVE FAQS

IS PARKING AVAILABLE?



Parking is available free of charge at the Gliderport Lot located at 2880 Torrey Pines Scenic Dr., La Jolla, CA 92037. Click on **LINK** or scan QR code once you are parked to parking. This is NOT a guaranteed parking reservation.

CAN I LEAVE MY BIKE AT UCSD ON FRIDAY NIGHT (AUGUST 1)?

Yes, participants will be able to check in their bike on Friday night at UCSD during the Friday Night Kickoff from 5:00pm - 8:00pm. Your bike will be stored and secured in Bike Storage and available for pick-up at the same location in the morning.

WHAT TIME DOES MY EVENT START?

- 75 Mile 7:00am
- 55 Mile 8:00am
- Spin #1 8:00am
- 25 Mile 9:00am
- 5K 9:30am
- 10K 9:35am
- · Spin #2 10:00am
- Spin #3 11:00am
- Spin #4 12:00pm

CAN I CHANGE TO A DIFFERENT CYCLING DISTANCE ON SATURDAY MORNING?

Shorter: Yes, we do not want anyone to be stuck on a course that they do not feel prepared for. If you would like to ride a shorter distance, you must let the staff know at registration. We will make sure you have the correct bib and start time. Fundraising commitments cannot be lowered. Longer: Yes, but you will need to let staff know at registration to receive the correct bib and your fundraising commitment will be increased in conjunction.

WHEN IS PACKET PICK UP?

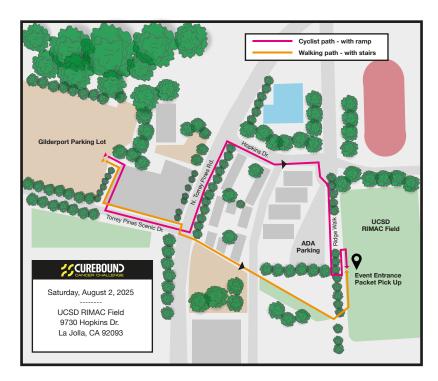
Friday, August 1 5:00pm - 8:00pm at UCSD

Saturday, August 2

Day-of registration & packet pick up is available starting at 5:00am at UCSD. We request that all participants pick up their packet at least 30 minutes before their start time.

*See page 7 for full details on packet pick up.

2025 HIGHLIGHTS



PARKING

Parking is available free of charge at the Gliderport Lot located at 2880 Torrey Pines Scenic Dr, La Jolla, CA 92037. Please click on this **LINK** now or scan the QR code.



ENTRANCE

The event day entrance and packet pick up will be located on the west side of the UCSD RIMAC Field. Hopkins Dr. will be closed to all vehicle traffic starting at 8:00 PM Friday.

BE ON TIME FOR YOUR EVENT

Please plan to be in the starting chute 10 minutes before your start time. For the cycling routes, please note that no one will be permitted to start after 9:15am for the bike course and 9:45am for the run courses.

BRING THE WHOLE FAMILY AND ENJOY THE KIDS ZONE

The Kids Zone will be open from 10:00am - 3:30pm and located in left field of the UCSD Softball Field. Enjoy games, activities, inflatables, and treats. All kids must be registered with the event to enter the Kids Zone.

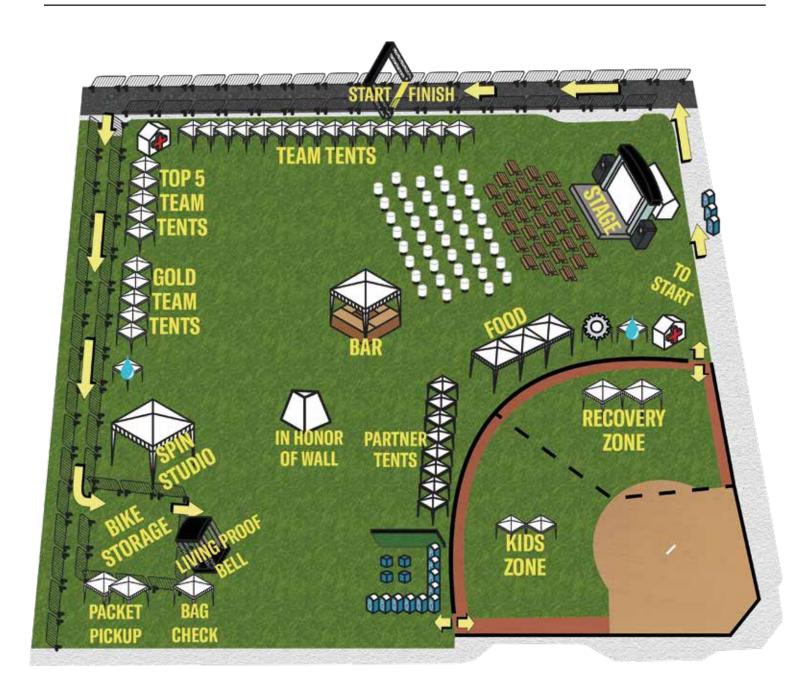
ID CHECK

Please bring your ID with you on event day. There will be an ID check kiosk next to the merchandise tent to validate IDs prior to any bar service. You will get a red wristband once your ID is checked that you must wear to receive bar service.

RECOVERY ZONE

Visit our Recovery Zone located in right field of the UCSD Softball Field from 10:00am - 3:30pm. Enjoy complimentary 10-minute massages from Cyclists Massage and physical therapy aid from PT Effect!

VENUE MAP



EVENT SCHEDULE

FRIDAY, AUGUST 1, 2025

5:00 PM Venue Opens: Packet Pick Up Begins

6:30 PM Mainstage Program

8:00 PM Venue Closes

SATURDAY, AUGUST 2, 2025

5:00 AM Venue Opens: Day of Registration & Packet Pick Up Begins

6:50 AM 75 Mile Start Line Remarks

7:00 AM 75 Mile Start

7:50 AM 55 Mile Start Line Remarks

8:00 AM 55 Mile Start

8:00 AM Spin #1

8:50 AM 25 Mile Start Line Remarks

9:00 AM 25 Mile Start

9:20 AM 5k/10K Start Line Remarks

9:30/9:35 AM 5k/10K Start

10:00 AM Spin #2

10:30 AM First Riders Expected at Finish

10:30 AM - 3:30 PM Lunch/Bar Service Open

11:00 AM Spin #3

11:00 AM - 3:00 PM Music - Republic of Music

12:00 PM Spin #4

3:30 PM Final Riders Expected at Finish

4:00 PM Venue Closes

PARTICIPANT PACHET INFO

PACKET PICK UP presented by 🍪 BD

- Friday, August 1 | 5:00pm 8:00pm | UCSD RIMAC Field 9730 Hopkins Dr., La Jolla, CA 92093
- Saturday, August 2 | Beginning @ 5:00am | UCSD RIMAC Field 9730 Hopkins Dr., La Jolla, CA 92093

WHAT YOU WILL NEED TO PICK UP YOUR PACKET

Drivers License or Passport

Group Packet Pick Up: If you would like to pick up packets for other members of your team, you will need to fill out a form and secure each person's signature prior to the pick up. **Form Here** If you are picking up for a group of 5 or more, please notify liz@curebound.org, jayme@curebound.org or rylee@curebound.org by Tuesday evening, 7/29.

PARTICIPANT PACKETS

Jerseys/shirts and participant bags will be distributed during the packet pick up process. If you have earned a fundraising incentive, you will also receive that at packet pick up.

PARTICIPANT BAGS INCLUDE:

- · Curebound Branded Backpack
- Participant Bib* presented by Lusardi
- "In Honor of" Wristband
- Sunglasses presented by Thermo-Fisher
- · Participant wristbands presented by W.E. O'Neil

Bike Tracking Tag Instructions



Bike Plate: Attach to front of bike bars with twist ties as pictured.

Carbon fiber, metal and the body block the rfid signal.

Bike plate MUST NOT be wrapped around any part of the bike.

DO NOT BEND the rfid chip on back of the bike plate.



- Place your bib on the front of your bike so that it is visible to traffic control personnel.
- 5K participants: secure your bib to the front of your shirt.
- Please do not bend the bibs.

EVENT DAY INFO



BIKE STORAGE presented by SELF STORAGE

After the cyclist's finish, you will be asked to dismount and check your bike into the secure Bike Storage area before you enjoy the celebration. You must have your wristband with your rider # on it to retrieve your bike from Bike Storage after the event. All bikes must be picked up by 4:00pm.

BAG CHECK

If you bring extra clothes for warmth or to wear post-ride, you can check a bag at the Bag Check tent next to packet pick up before your ride. All bags/items need to be picked up by 4:00pm.

UNLIMITED WRISTBANDS presented by W.E. O'Neil

For those who earn an Unlimited Wristband, please plan to wear it all day, as you will not be able to get food, drinks, your gear or bike without it. If you misplace your wristband, please find a Curebound staff member or volunteer to get a new one.

Friends, family, and colleagues are welcome at RIMAC Field for all festivities. General access for cheering and celebrating is free. If spectators would like to enjoy food and drinks, wristbands are available for purchase online and on event day for \$50.

NOTE: All participants 21+ who wish to consume alcohol will have to get their ID checked at the ID check kiosk next to merchandise.

EVENT DAY INFO

PARKING



Parking is available free of charge at the Gliderport Lot located at 2880 Torrey Pines Scenic Dr., La Jolla, CA 92037. Please click on this **LINK** now or scan the QR code.

BIKE MAINTENANCE

Bike maintenance (minor adjustments; chain lubricant, air, etc.) will be available before the start, as well as on the course. Please plan accordingly and come early if you need service. We strongly recommend getting your bike tuned up prior to event weekend, as our mechanics will not have time for complex maintenance.

COURSE MAPS

The courses will be very well marked, but please feel free to download the courses on 'RideWithGPS' with the links below:

- 5K
- 10K
- 25 Mile
- 55 Mile
- 75 Mile

EVENT DAY INFO

RECOVERY ZONE

Stop by our Recovery Zone from 10:00am - 3:30pm located in right field of the UCSD Softball Field. PT Effect will provide physical therapy services and Cyclists Massage will offer massage services. Please check in at the respective service desk to reserve a time for your complimentary 10-minute massage or physical therapy session!

SOCIAL MEDIA

Make sure to capture your experience and share it on the screen by using the hashtag #Curebound during the event! Tag us on Facebook (@CureboundCancerChallenge, @Curebound) and Instagram (@CureboundCancerChallenge, @Curebound) with hashtag: #EndCancer #Curebound

KIDS ZONE

The Kids Zone will be open from 10:00am - 3:30pm and located in left field on the UCSD Softball Field. Enjoy games, activities, inflatables, and treats.

LIVING PROOF HONOR ITEM

We invite our cancer survivors and fighters to pick-up their Living Proof shirt at the living proof tent. The shirts will be given to all participants who have indicated they are a fighter or survivor during the registration process.

FUNDRAISING INCENTIVES

Go the extra mile to accelerate cures. Curebound Cancer Challenge participants who want to make a bigger impact can commit to an incentive level or fundraise enough to become a Top Fundraiser. Knowing you are making a significant contribution toward creating a world without cancer is its own reward. But it comes with recognition too!

\$1,000 - Milestone

- 1 extra Food/Beverage Wristband
- · Milestone Patch
- Milestone Digital Badge

\$2,500 - Pacesetter

- Unlimited Wristband for Food/Beverage
- Pacesetter Patch
- · Pacesetter Digital Badge

\$5,000 - Sprinter

- Yellow Jersey (Cyclists) or special 2025 apparel item of your choosing
- Unlimited Wristband for Food/Beverage
- · Sprinter Patch
- · Sprinter Digital Badge

\$10,000 - Trailblazer

- 1 night hotel stay at Estancia La Jolla on 08.01.25
- Invitation to Top Fundraiser Celebration
- Yellow Jersey (Cyclists) or special 2025 apparel item of your choosing
- Unlimited Wristband for Food/Beverage
- Trailblazer Patch
- Trailblazer Digital Badge

\$25,000 - Champion Club

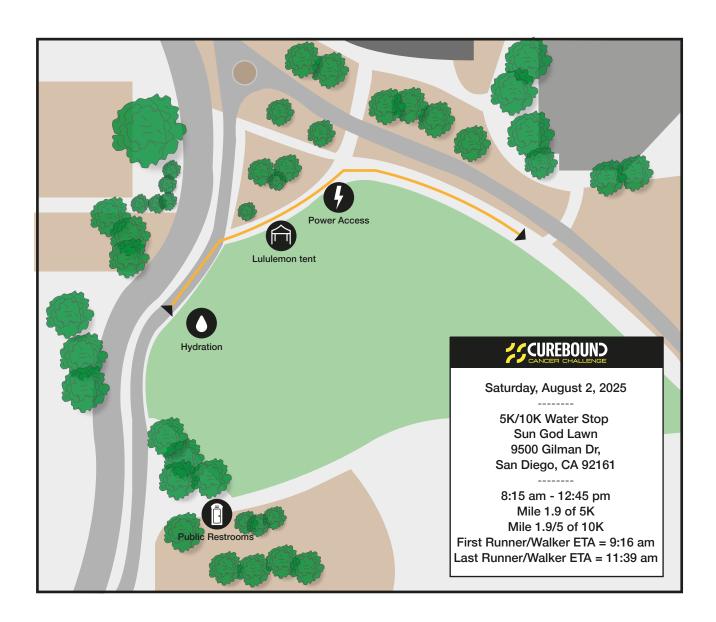
- Exclusive Champion Club Celebration invitation
- 1 night hotel stay at Estancia La Jolla on 08.01.25
- · Invitation to Top Fundraiser Celebration
- Yellow Jersey (Cyclists) or special 2025 apparel item of your choosing
- Unlimited Wristband for Food/Beverage
- · Champion Club Patch
- · Champion Club Digital Badge

SH/10H INFO

5K/10K WALK/RUN

The family friendly 5k/10k Walk/Run will utilize the same start/finish line as the cycling routes, however, they will remain on campus for the duration of their event. Strollers are allowed, however, no pets. A few details to keep in mind:

- 10K Start 9:30am
- 5K Start 9:35am
- Check in RIMAC field at UCSD (venue opens at 5:00am)
- · Aid Station Sun God Field



5K RUN/WALK

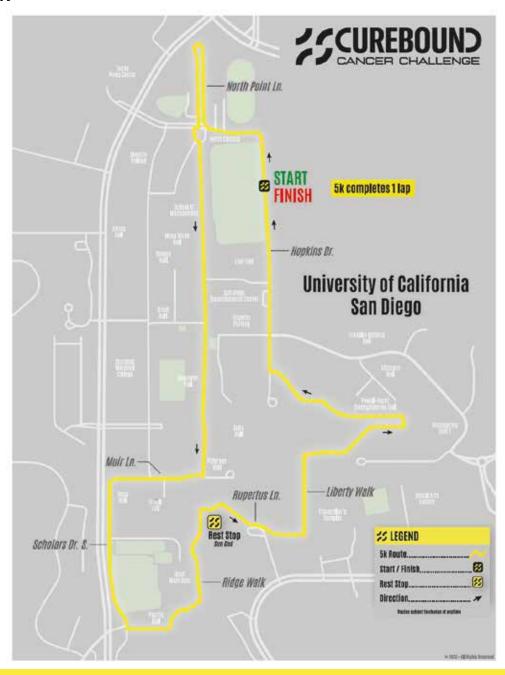
Curebound's revamped 5K Run/Walk through UCSD! Suitable for all ages and abilities. Individuals, families, and teams are welcome to go at their own pace and take a big stride toward ending cancer.

· Start Time: 9:35am

· Total Amount of Elevation: 154 ft

Total # of Water Stops: 1

· COURSE LINK



10K RUN

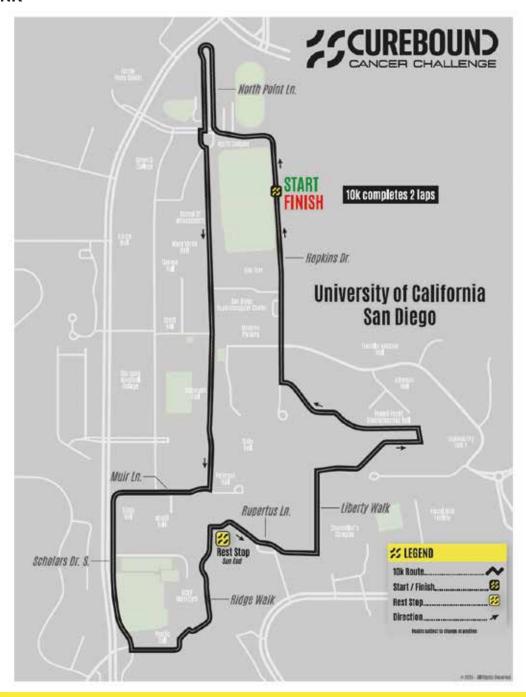
Introducing the new Curebound 10K Run – a beautiful scenic route from UC San Diego's La Jolla campus with ocean views and a celebratory finish on RIMAC Field. With every mile we are closer to cures.

· Start Time: 9:30am

· Total Amount of Elevation: 154 ft

Total # of Water Stops: 1

· COURSE LINK



CYCLING COURSE INFO

SAG SUPPORT AND COURSE MARSHALS

The Curebound support team will be comprised of on-course SAG vehicles, stationary mechanical support at Aid Stations, and on-course ride marshals; with a direct line to the Curebound Command Center. There will also be stationary law enforcement at many intersections to provide safety.

SAG: The SAG support team will be in vehicles equipped with mechanical supplies and first-aid. Curebound SAG support team members will respond to incidents, as directed by the Command Center. Please call the Dispatch Number — 800-597-0247 — if you have a mechanical issue on the course and need SAG support sent to your location. This number will also be listed on your wristband for easy access.

RIDE MARSHALS: Trained volunteers will serve as Ride Marshals riding on bikes along the route. Their primary focus is to increase rider safety and provide extra support to riders who need simple mechanical support on the route. You will see the Ride Marshalls wearing GREEN bibs.

Rider Command Number 800-597-0247

You will have an Rider Command Number in your ride packet and on your wristband. This number will connect you with the Curebound Command Center. Call this number if you need mechanical or SAG support on the course, or if you are bringing something to the attention of the Curebound Command Center. If there is a medical emergency, you should first call 911 and then call this Rider Command Number to inform the Curebound Center.

NURSE SUPPORT

UC San Diego Health registered nurses will be present at each aid station to support any minor medical needs. Thank you, UC San Diego Health!

Additionally, Event Response Service of San Diego will be present to further assist as needed and Falck Medical will be located at the start/finish line.

CYCLING COURSE INFO

RULES OF THE ROAD

Curebound is conducted on open roads with vehicular traffic. Roads include both marked and unmarked hazards. We have taken every measure to make sure the ride is as safe as possible, but please remember that your safety is in your OWN hands.

- · Remember to ALWAYS check your helmet and bike before riding.
- RULES OF THE ROAD—THIS IS A RIDE NOT A RACE!
- · Always wear a helmet. No helmet, no ride!
- Carry your ID and insurance card.
- Make sure you are wearing your rider wristband and your participant bib.
- When passing riders, be courteous and use extreme caution when passing riders that may be less experienced. Always call out when you are passing.
- · Obey all traffic signals, stop signs, and laws.

BIKE PATH SAFETY PROTOCOL

Use caution, controlled pace, and ride single file on bike paths.

The bike paths will be open to the public on all courses and there will be on-coming riders with two-way traffic so use caution, stay to the right, and only pass when safe.

ROAD CONDITIONS

The course roads are not perfect and may have uneven surfaces, potholes, cracks, gravel, sand, and debris on the route. Exercise Caution.

Most of the course is open to vehicular traffic so exercise caution and ride safely. Stay to the right and never ride more than double file and only ride double file when appropriate.

RAILROAD TRACKS

There are several railroad tracks on the course. We have done our best to mark them. Please SLOW down, call them out, and ride over perpendicularly.

COURSE SIGNAGE

The courses will be marked with directional signs posted on the side of the road at all turns. However, we encourage you to download the course to your device.





CYCLING COURSE INFO

CUT OFF TIMES ON THE COURSE

We take rider safety seriously and have put into place an extensive traffic control plan. In order to ensure safety, there will be strict cut off times enforced at select areas of the course, noted below. If you do not meet these cut off times you will be directed to take a shorter route or be picked up by SAG and brought back to UCSD. These cut offs are MANDATORY and are enforced for everyone's safety.

75 mile riders must depart these locations by:

- Rest Stop 1 (Mesa Verde Middle School) 8:10am
- Rest Stop 2B (Harmony Grove Village Community Park) 10:40am
- Rest Stop 3 (Lake Park) 12:20pm
- Rest Stop 4 (Swami's Seaside Park) 2:15pm

*Note: The Finish Line Festival will be ending promptly at 4:00pm. We encourage all participants who want to be present for the live music, food and beverage to plan their pace accordingly and take a cut off for a shorter course if necessary. There will be marshals along the course enforcing the above MANDATORY cut off times.

25 MILE ROUTE presented by JPMorganChase

· Start Time: 9:00am

· Total Amount of Elevation: 1,548 ft

Total # of Rest Stops: 1

· COURSE LINK



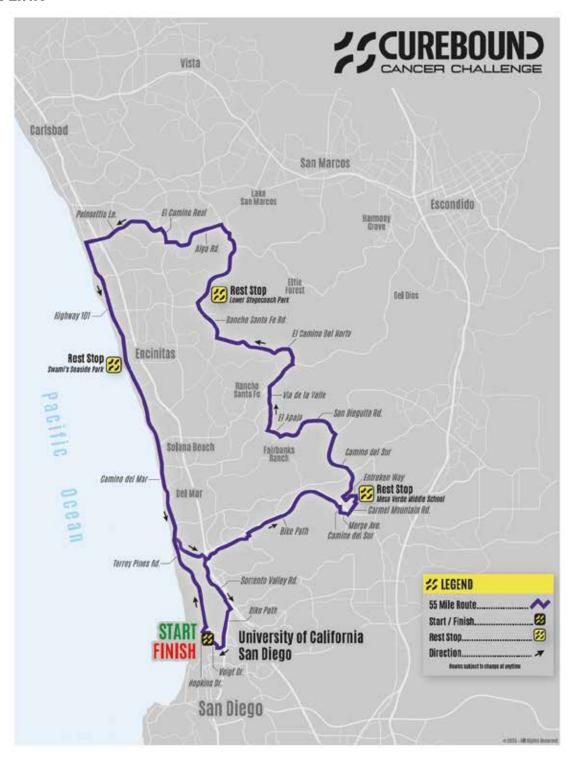
55 MILE ROUTE

· Start Time: 8:00am

• Total Amount of Elevation: 3,698 ft

· Total # of Rest Stops: 3

· COURSE LINK



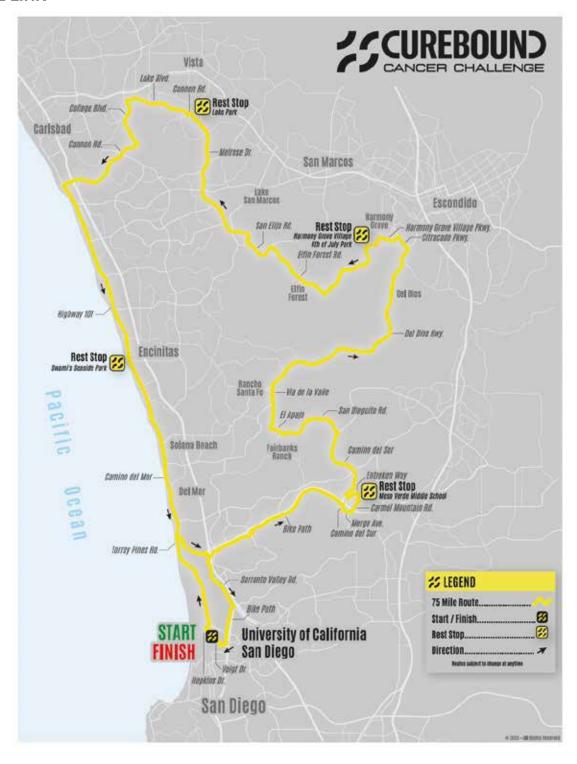
75 MILE ROUTE

· Start Time: 7:00am

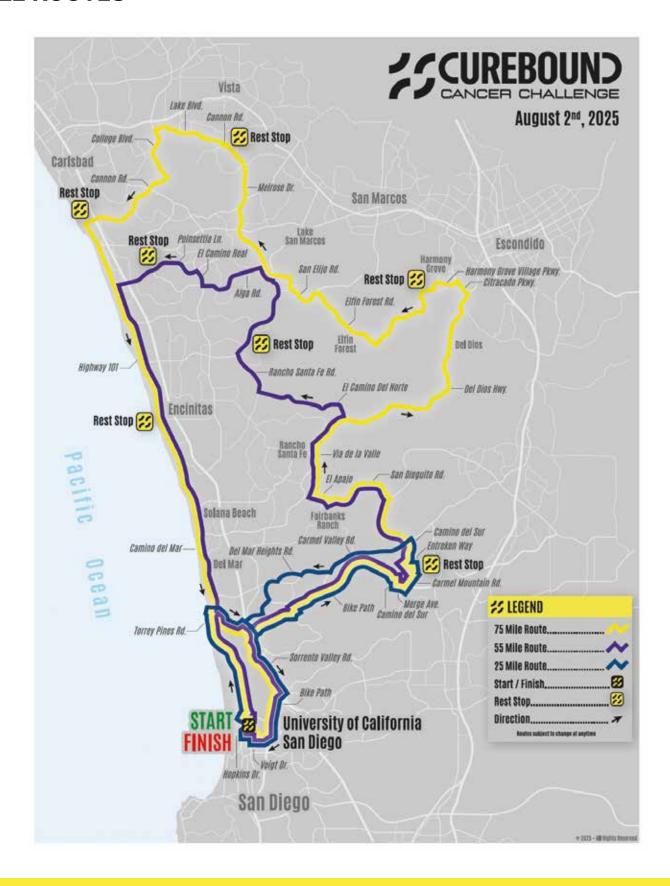
· Total Amount of Elevation: 4,816 ft

· Total # of Rest Stops: 4

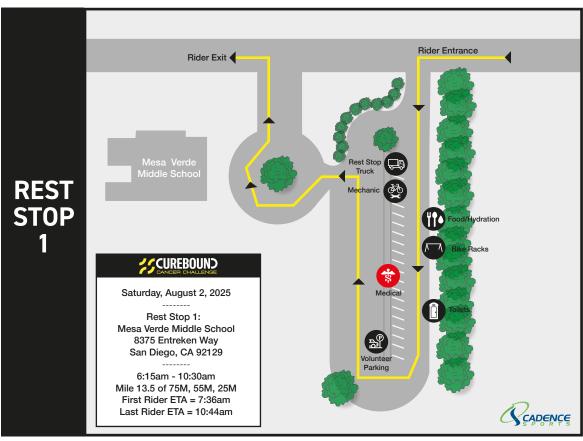
· COURSE LINK

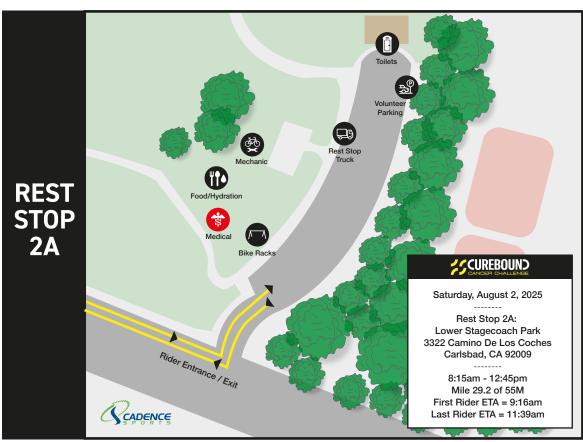


ALL ROUTES

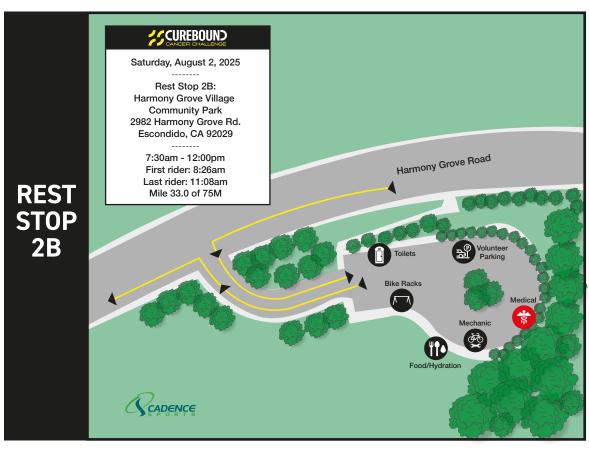


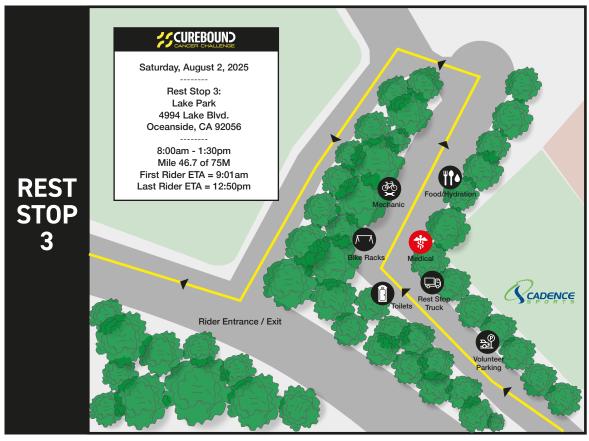
CYCLING REST STOP INFO



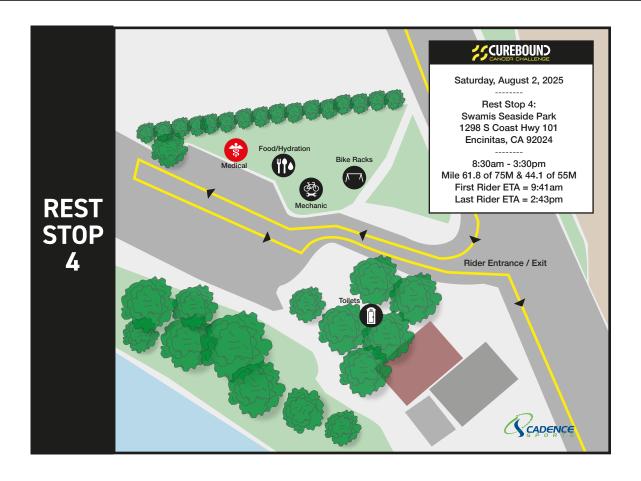


CYCLING REST STOP INFO





CYCLING REST STOP INFO



SPIN INFO

LA FITNESS SPIN STUDIO

Our Spin Zone features four classes of stationary cycling with bikes provided by LA Fitness.



Please arrive at least 30 minutes before your class to make sure you get checked in, enjoy breakfast, and are ready to spin! Check in for the Spin classes will happen at the main Registration Tent.

Classes: 50-minute DJ led classes at 8:00am, 10:00am, 11:00am, and 12:00pm.

Instructors: Classes will be taught by local instructors from popular local spin studios. Big shout out to our spin instructors and DJ Jon Beezy for volunteering their time!

Style: The class will be a traditional style spin class with a live DJ and a chance to see yourself and teammates on the right field videoboard while you are pedaling away. Each class will show the unique style of the studios represented by the instructors, and all will be inspiring and fun.

Clips/Shoes: The bikes are Keiser Stationary Bikes with SPD clips. If you have spin shoes, you are welcome to wear them. If not, we recommend a hard-sole, close-toed athletic shoe.

FOOD MENUS

There will be a variety of food and beverage options throughout the event for participants and guests to enjoy. Below is a list of the options that will be provided. If you have special dietary restrictions, we recommend that you look over this list before the event and plan accordingly. Guests can purchase \$50 food and beverage wristbands on site.

BREAKFAST

Served 5:00am - 10:00am

Bird Rock Coffee Blend and Decaf

Grab and go options courtesy of **Melissa's Produce** and **Albertson's** featuring bananas, tangerines, crepe snacks, and granola bars.

LUNCH

Served 10:30am - 3:30pm

- · Pulled pork BBQ sliders with a side of Hawaiian Mac Salad and Pineapple Slaw from The Rooftop
- · Chilled Thai soba noodle salad with carrots, napa cabbage, and asparagus from Umi
- · Huli huli chicken, pineapple fried rice, and Hawaiian Mac Salad from Pines
- Chicken shawarma (or falafel), yellow lemon basmati rice, Shepherd's salad, tzatziki sauce from Spice Station

BEVERAGES

Bar Service presented by **CBRE** Served 10:30am – 3:30pm

- Cutwater
- JuneShine
- · Athletic Brewing
- · Coronado Brewing
- · Ballast Point
- Just Enough Wines
- · Pepsi Products

NOTE: All participants 21+ who wish to consume alcohol will have to get their ID checked at the Curebound ID Check Kiosk located next to the bars.

VOLUNTEER PROGRAM

VOLUNTEER PROGRAM presented by **Resmed**

Volunteers play a vital role in the success of our event. Look for them on the course and throughout UCSD wearing yellow shirts.

Volunteering at UCSD: If you are scheduled to work a volunteer shift at UCSD, you will need to check in at the Volunteer check-in located on UCSD RIMAC Field 15 minutes prior to your shift. Volunteers will have access to snacks throughout the day at the Volunteer Zone. We encourage you to bring a water bottle to refill at the hydration station.

Volunteering on the Course: If you are volunteering offsite, please arrive to your offsite location 15 minutes early and check-in with your volunteer leader to get a t-shirt and instructions. Volunteers will have access to food at the aid stations. There is no need to arrive at UCSD prior to your shift. All volunteers are welcome at UCSD following their shift.

Volunteer Food: Light food options will be provided for volunteers in the volunteer zone. If volunteers are interested in an all-inclusive wristband, they are available for purchase on site at the merchandise tent.

THANH YOU SPONSORS

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UC San Diego





















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JUNE SHINE

























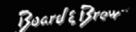
















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PRIMAL



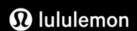


















































Committed to enriching life by promoting health

We are proud to support Curebound Cancer Challenge — partnering for positive impact to improve the health of our clients and communities.

edwardjones.com/servingdeeply

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BEHIND EVERY BREAKTHROUGH



IS CRITICAL RESEARCH FUNDING

UC San Diego is proud to sponsor the Curebound Cancer Challenge.

UC San Diego



Leading the small molecule revolution to deliver new therapeutics for cancer









The best days start with a good night's sleep







Janux Therapeutics is a proud sponsor of Curebound Cancer Challenge as we race to develop cutting-edge therapeutics to transform the lives of cancer patients.



Thanks to CAR-T cell therapy, Gideon, age 12, is cancer-free and a living testament of the impact of cell therapy treatments.



We celebrate those who help advance the search for Cures.



Thank you to the Koman Family Foundation for your leadership and commitment in helping create a world without cancer.











San Diego Self Storage Gives Back



Community Focused

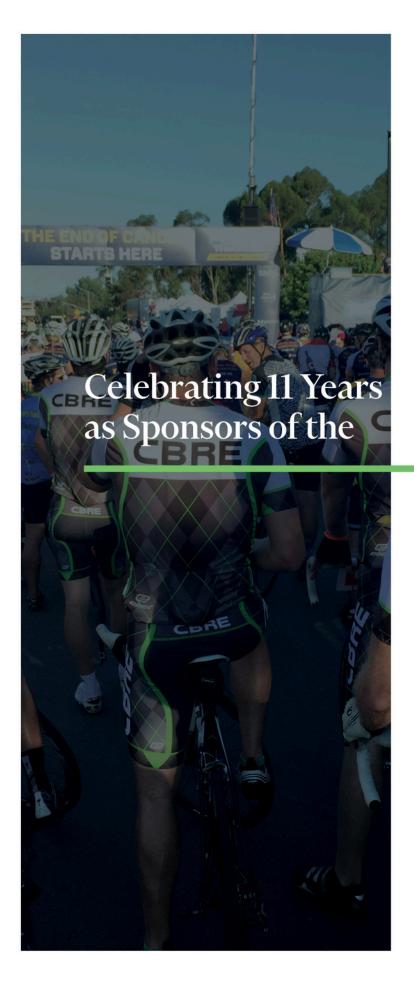
San Diego Self Storage 's 18 locations have been proudly recognized as San Diego 's Best Self-Storage Company for the past 11 consecutive years. We are deeply committed to making a meaningful impact in the communities we serve. Through charitable donations, annual food and toy drives, volunteer efforts, and partnerships with both local and national nonprofit organizations, we actively seek opportunities to give back. We are especially honored to support cancer research and the ongoing pursuit of a cure, reinforcing our belief that collective action can lead to lasting change







SD & Riverside Counties



Curebound Cancer Challenge

CBRE is the definitive market leader in San Diego commercial real estate and a trusted advisor for both owners and occupiers of commercial space. Our industry-leading platform provides unparalleled service to meet any client requirement, from acquisition financing and real estate portfolio management to leasing commercial office space and investment sales.



Riding together. Racing toward cures.

At JPMorganChase we know that the battle against cancer is not a sprint but a marathon.

We proudly support Curebound Cancer Challenge in the fight to end cancer. Every mile pedaled, powers breakthroughs and hope—for patients and families everywhere.

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JPMorganChase

Dexcom

Empowering people to take control of health

For more than 25 years, Dexcom glucose biosensing technology has transformed how people manage diabetes and track their glucose, helping them feel more in control and live more confidently.



LUSARDI CONSTRUCTION COMPANY



PROUD SPONSOR





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Team Bernstein for Rady Children's Hospital

\$400K raised to date to help Curebound win the Cancer Challenge

Bernstein Private Wealth Management advises ultrahigh- and high-net-worth clients on planning for—and living with—the complexities that come with significant wealth.

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Breakthroughs happen **together**.

Let's Outdo Cancer

Everything we do is intended to help patients everywhere live longer and healthier lives. That's why we don't just work for patients, we work with them to deliver the breakthroughs that will change their lives.

Join us at LetsOutdoCancer.com





RayzeBio, a Bristol Myers Squibb Company, supports the 2025 Curebound Cancer Challenge and the fight to end cancer.



Together, we enable the miracles of science

Proudly partnered with CUREBOUND to accelerate cures for cancer.

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Essential Surgical Solutions.

We champion surgical providers with remarkable service and exceptional products, while supporting the communities we work in.

corzamedical



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Team total over \$50K over \$50K raised to raised to date! BUY EBE COAC WEIGHT OF THE BUY EBE COAC WEIG

Team Ranch & Coast has been a proud participant in the Curebound Cancer Challenge since 2019.

ATHLETIC BREWING CO.

FIT FOR ALL TIMES



ATHLETICBREWING.COM | @ATHLETICBREWING

Athletic Greeking Company LLC, Millford, CT and San Biego, CA, Near beer < 0.5% alc/vol. 6: 2025 Athletic Breeking Company LLC



CUREBOUND CANCER
CHALLENGE







